

The reason of the Professional Regulation International Conference arises from puzzlement: European Union is implementing policies promoting professional deregulation, at the same time as the introduction of new forms of regulation is limiting professional bodies, which are growing, following the increasing number of professionals.

In Portugal, the pressure of professional groups on the political decision-makers has led to the legislators' discretionary foundation of self-regulating bodies, which in turn led to the creation of a specific legislation to regulate self-regulating bodies, by Law nr. 6/2008.

Like in other countries belonging to the European Continental pattern of professional regulation, in Portugal, a professional group that becomes a self-regulating body, this is a public professional association (PPA), acquires a monopoly over professional regulation. This monopoly implies an important professional empowerment and an inherent ambiguity of interests, given that while the State charges the PPA with the mission to defend the public interest; PPA represents at the same time the interests of the affiliated members.

There are currently 18 Portuguese PPA and more than 10 professional groups (archaeologists, biochemists, designers, landscape architects, physiotherapists, teachers, social workers, etc.) pursuing the objective of acquiring the PPA status and thereby gain greater influence, which in this country is also visible through a significant exposure in mass media. In this sense some ►

Organizers:



**SOCIUS-ISEG** - Universidade Técnica de Lisboa  
Dr.ª Raquel Rego  
Rua Miguel Lupi, 20 1249-078 Lisboa PORTUGAL  
(+351) 21 392 27 95  
raquellrego@iseg.utl.pt, raquel.rego@gmail.com  
<http://pascal.iseg.utl.pt/~socius/home.html>



COMISSÃO EUROPEIA  
Representação em Portugal

Representação da Comissão Europeia em Portugal  
Dr. Artur Furtado  
Largo Jean Monnet, 1-10º 1269-068 Lisboa PORTUGAL  
(+351) 213 503 800  
artur.furtado@ec.europa.eu  
<http://europa.eu/portugal>



**SPPC**  
Sociedade Portuguesa de  
Psicologia Clínica

Sociedade Portuguesa de Psicologia Clínica  
Dr. Jorge Graevanta  
Rua Andrade Corvo, 50-6ºD 1050-009 Lisboa PORTUGAL  
(+351) 213 152 442  
inform@sppc@gmail.com  
[www.sppc-pt.com](http://www.sppc-pt.com)



PARLAMENTO EUROPEU  
Gabinete de Informação em Portugal

Parlamento Europeu - Gabinete em Portugal  
Dr. Paulo Sande  
Largo Jean Monnet, 1-6º 1269-070 Lisboa PORTUGAL  
(+351) 213 504 900  
eplisboa@europarl.eu.int  
[www.parleurop.pt](http://www.parleurop.pt)

Sponsor:



Fundação para a Ciência e a Tecnologia  
MINISTÉRIO DA CIÊNCIA, TECNOLOGIA E ENSINO SUPERIOR

# PROFESSIONAL REGULATION INTERNATIONAL CONFERENCE

11-12 November 2011

Conference Room of the  
European Parliament Office in  
Portugal  
Largo Jean Monnet, 1 -6th Floor,  
Lisbon

## day 1: General Conference NATIONAL AND INTERNATIONAL TRENDS 11 November 2011

9:30 a.m. **Welcome session**  
**Paulo Sande** (Director of the European Parliament  
Office in Portugal)  
**José Maria Carvalho Ferreira** (President of  
SOCIUS-ISEG)

### MORNING SESSION

**PORTUGAL: THE INCREASING NUMBER OF  
PROFESSIONAL ASSOCIATIONS**  
Moderator: **Tiago Fernandes** (FCSH-UNL)

10:00 a.m. **Raquel Rego:**  
*the Portuguese case*

10:20 a.m. **Luísa Veloso:**  
*methodological remarks*

10:40 a.m. **Coffee break**

11:00 a.m. **Vital Moreira:**  
*legal and political perspectives*

11:20 a.m. **Debate**

12:20 a.m. **Lunch break**

### AFTERNOON SESSION

**OTHER NATIONAL AND INTERNATIONAL  
TRENDS**  
Moderator: **Helena Serra** (SOCIUS-ISEG)

2:00 p.m. **Tracey Adams:**  
*the Canadian case*

2:20 p.m. **Thomas Le Bianic:**  
*the French case*

3:00 p.m. **Coffee break**

3:20 p.m. **Julia Evetts:**  
*European patterns of professional regulation*

3:40 p.m. **Debate**

4:40 p.m. **Closure**

## day 2: International Seminar REGULATION, ACCREDITATION AND SPECIALISATION OF PSYCHOLOGISTS IN EUROPE 12 November 2011

9:30 a.m. **Welcome session**  
**Raquel Rego** (SOCIUS-ISEG)  
**Jorge Gravanita** (SPPC)

### SESSION 1

**THE REGULATION ROLE OF NATIONAL  
PSYCHOLOGISTS' ASSOCIATIONS AND THE  
EUROPEAN HARMONISATION**  
Moderator: **Isabel Prata** (SPPC)

10:00 a.m. **Pierangelo Sardi:**  
*Evaluation psychology and psychotherapy*

10:20 a.m. **Representative of the Ordem dos Psicólogos  
Portugueses** [to be announced]

10:40 a.m. **Thomas Le Bianic:**  
*The national impact of European regulations on  
a 'balkanized' profession : the case of French  
psychologists*

11:00 a.m. **Debate**

11:30 a.m. **Coffee break**

### SESSION 2

**THE ACCREDITATION AND SPECIALIZATION  
OF PSYCHOLOGISTS IN A EUROPEAN  
PERSPECTIVE**  
Moderator: **Jorge Gravanita** (SPPC)

11:50 a.m. **Nady Van Broeck:**  
*Psychology and psychotherapy in health care in  
Europe: a review of legal regulation in 17 European  
countries*

12:10 a.m. **Philippe Grosbois:**  
*Psychotherapy: a legitimate independent  
profession, or a specialization? Stakes for a  
European health policy*

12:30 a.m. **Vítor Franco:**  
*Short notes about the past, present and future of  
psychotherapists in Portugal*

12:50 a.m. **Debate**

1:20 p.m. **Jorge Gravanita:** Final commentary

1:30 p.m. **Closure**

professional groups announce this objective in the official name of the voluntary professional association. This is the case for instance of the Pró-Ordem Psychologists Association which was the precursor of the Ordem of Portuguese Psychologists, created in 2008.

The organisers believe that this first international conference on professional regulation may give an important contribution to the understanding of the systems of professional regulation trends and to their apparent contradictions. For that we count on the presentation of the work and reflections of sociologists and other experts of various geographical origins. We expect that other countries realities and a comparable approach will help us to analyze this subject with greater awareness.

The Professional Regulation International Conference will contribute to the knowledge of the quality of democracy in the extent to which it will enable us to understand the evolution of the relationship between professional groups and the State, and its effect on public policies and the economic and social well-being of the nation. In this sense, this conference is addressed, not only to the scientific community, but also to political decision-makers and organized professional groups.

This international conference aggregates one general conference where we will present and discuss national and international trends, and an international seminar focused on the psychologists in Europe in particular on the half next day. ■